

What are the qualifications of Counselling Psychologists?

The professional training to become a Counselling Psychologist in Ireland generally takes between seven and nine years to complete. Counselling Psychologists are initially required to have completed a degree in psychology along with relevant work experience prior to undertaking a full-time two year Masters degree or three year full-time Professional Doctorate.

After four years of supervised practice inclusive of training years, Counselling Psychologists can apply for Registration with the Psychological Society of Ireland. Registration with the PSI involves meeting high standards of professional training, supervised experience, ongoing professional development and ethical practice standards.

Where do I start?

You can find a list of practicing registered psychologists on the Psychological Society of Ireland website under 'Find a Psychologist.' Your G.P. is also a good place to start as they can advise on services available to you and may have recommendations of Counselling Psychologists working privately in your area.

The cost of seeing a Counselling Psychologist varies. Some public organisations offer services free of charge, depending on the nature of the service and the needs of the client. Our members welcome queries about fees and qualifications at the initial point of contact. In some cases part of the cost will be covered by your health insurance policy.



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Division of Counselling Psychology

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Counselling Psychology



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